

## CONTACT US

To contact our Spiritual Care Providers, please email [scp1@lisaardandinnisfree.com](mailto:scp1@lisaardandinnisfree.com).

If you're part of the Home Palliative Care Program with Ontario Health atHome, please talk with your Care Coordinator about our Spiritual Care Services.



LISAARD &  
INNISFREE  
HOSPICE

Ontario



“ Spirituality is the aspect of humanity that refers to the way individuals seek and express meaning and purpose and the way they experience their connectedness to the moment, to self, to others, to nature, and to the significant or sacred.

~ Christina Puchalski

# SPIRITUAL CARE FROM LISAARD & INNISFREE HOSPICE



## HOW WE HELP

Hospice palliative care is designed to relieve suffering and help people live their remaining time in comfort and with dignity. Illness can threaten hopes and dreams, and can stir questions about the meaning of life and death.



Spiritual Care can be provided in an individual's home or in our hospice Houses, addressing thoughts and feelings that may be present when someone is faced with the reality of their mortality.



Our compassionate Spiritual Care Providers have training in counselling, palliative care, theology, crisis support, grief and loss, the dying process, and much more. Spiritual Care isn't about a particular faith, it's about quality attention that provides support and guidance on your journey.

## OUR SPIRITUAL CARE PROVIDERS



**GORD ALTON**



**STEPHANIE HONG**



**MARGARET HULL**

## LET'S MEET

Sometimes, it's best to meet for an initial visit to get to know each other a little, and see what the conversation brings up - topics may include:

- Reviewing life achievements & challenges
- Exploring feelings of loneliness, isolation, or guilt
- Looking at values, beliefs, and experiences
- Considering end-of-life decisions (i.e. MAiD)
- Guiding prayer/rituals to help experience the sacred
- Seeking forgiveness
- Addressing fears/anxieties
- Talking through "why me?"
- Processing personal losses and traumas
- Examining fear & control issues so that dying and death is more peaceful

